

Robert L. Perry Juvenile Justice Center

Local Wellness Policy

School Nutrition

This policy supports the mission of the Robert L. Perry Juvenile Justice Center, which is a structured and supervised setting, with an atmosphere of care and concern, and where residents involve themselves in a variety of learning situations. All residents are required to pursue some type of academic achievement while in residence. Additionally, residents participate in needs based educational classes, recreation, and life skills activities. Families of residents are encouraged to visit residents and to participate in programming developed to promote a positive family functioning.

The policy for the Robert L. Perry Juvenile Justice Center is to:

1. Provide a positive environment and appropriate knowledge regarding food
 - Provide a clean, safe, enjoyable meal environment for residents and staff.
 - Provide enough space and serving area to ensure all residents have access to meals with minimum wait time.
 - Provide a nutrition education class that residents are required to attend, that is given by the food service staff utilizing Team Nutrition information from the U.S.D.A.
 - Provide drinking fountains for residents so they can have water at meals and throughout the day.
2. Reduce resident access to foods of minimal nutritional value
 - In keeping with contractual obligations to the National School Lunch/Breakfast programs, Robert L. Perry Juvenile Justice Center ensures the integrity of the school lunch program by prohibiting food and beverage sales to residents.
3. Provide physical activity
 - Residents are required to participate in physical recreation, unless medically excused (injury or sickness), 7 days a week. These physical activities include stretching, pushups, running for 2 minutes, volleyball, and basketball.

The Wellness Advisory Committee shall annually review and evaluate the Wellness Policy, making their findings available upon request. Members of the community are welcome to participate in the review and update of the policy by contacting the facility.